

Extrication Exercise using FIA Seat Extrication Kit on GB3 Car

25th June 2022 at Snetterton Circuit

**This exercise was conducted by the BRSCC East Anglia Rescue Unit along with CAM Rescue,
Using a GB3 Car equipped with a HALO Device.**

The exercise was carried out in a controlled manner, as you would when extricating a non-time critical patient.

The crash helmet and HANS device was removed from the driver after removing the cockpit head protection, and steering wheel, along with releasing the seat belts.

Once this was carried out, the crew made efforts to access the seat mounted straps, along with ensuring the carbon fibre head support from the extrication kit was safely located in the seat back.

It may be beneficial if this support could have an indicator mark as to the correct way for it to be inserted to avoid any confusion in the heat of the moment, especially helpful for those crews who only use it infrequently.

Once the driver was secured, he was removed safely.

As with all equipment the importance of familiarisation/practice in its use has been well documented in the past, and this exercise was a useful training session in that respect. Ideally there would have more time for both rescue unit crews to, not only secure a driver and extricate them, but to just familiarise themselves with attaching the straps and buckles/lifting straps in an empty seat first, so they could see the various stages of the process clearly, before a driver was added!

Also, the need for ensuring the kit is kept together at the scene to ensure nothing is misplaced when preparing it for use.

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